

## **COWGIRL'S TWIST**

**Choreographer:** Bill Bader

**Description:** 32 count, 4 wall, beginner line dance

**Music:** *That's What I Like (Twist Mix)* by Jive Bunny & The Mastermixers

Documented by Thomas Tam

### **Toe struts x4**

- 1-2 Touch right toe forward, step on R
- 3-4 Touch left toe forward, step on L
- 5-6 Touch right toe forward, step on R
- 7-8 Touch left toe forward, step on L

### ***WALK BACK X3, TOGETHER; HEEL-TOE-HEEL SWIVELS TO LEFT, CLAP***

- 1-2 Step R back, step L back
- 3-4 Step R back, step L next to R
- 5-6 Swivel both heels to left, swivel both toes to left
- 7-8 Swivel both heels to left, clap hands

### ***HEEL-TOE-HEEL SWIVELS TO RIGHT, CLAP; LEFT HEEL SWIVEL, CLAP, RIGHT HEEL SWIVEL, CLAP***

- 1-2 Swivel both heels to right, swivel both toes to right
- 3-4 Swivel both heels to right, clap
- 5-6 Swivel both heels to left, clap
- 7-8 Swivel both heels to right, clap

### ***LEFT HEEL SWIVEL (DOWN), RIGHT HEEL SWIVEL (DOWN), LEFT HEEL SWIVEL (UP), LEFT HEEL SWIVEL (UP); FORWARD, HOLD, ¼ PIVOT TURN LEFT, HOLD***

- 1-2 Swivel both heels to left (body moving down), swivel both heels to right (body moving down)
- 3-4 Swivel both heels to left (body moving up), swivel both heel to centre (body moving up)
- 5-6 Step R forward, hold
- 7-8 Turn ¼ left with weight on R, hold

***REPEAT***